

I. COURSE DESCRIPTION:

This course will provide students with the opportunity to apply the techniques of skin care in a laboratory setting. Students will acquire skills in client consultation, record keeping, skin analysis, basic massage techniques and mask procedures.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Conduct client consultation and skin analysis.

Potential Elements of the Performance:

- a. name the different skin types and list their characteristics
- b. list the characteristics of ethnic skin
- c. apply the appropriate esthetic products which benefit individual skin types
- d. recognize and demonstrate knowledge of skin conditions and their treatments and contraindications
- e. demonstrate knowledge of and analyze the internal and external factors that affect the skin
- f. employ proper and safe use of all esthetic equipment in the lab
- g. demonstrate effective communication, interpersonal and business skills
- h. maintain client records by effectively noting the:
 - skin care analysis
 - type of treatment performed
 - consultation notes
 - treatments/home care suggestions
 - preventative measures
- i. comply with all the policies and procedures noted for the Esthetician program including:
 - adhering to maintaining professional appearance in the lab
 - prompt and regular attendance
 - working co-operatively with classmates
 - meeting deadlines for assignments
 - being prepared for tests
- j. maintain a tidy work station and displaying proper sterilization methods for esthetic equipment and supplies

2. Prepare a treatment room for a professional services.

Potential Elements of the Performance:

- a. comply with all policies and procedures established by the Esthetician program
 - b. proper use and set-up of esthetic equipment, especially:
 - facial bed
 - esthetician's stool
 - magnifying lamp
 - utility cart
 - charts
 - brushing machine
 - steamer
 - Lucas spray
 - c. plan and prepare appropriate and beneficial facial treatments as determined by client consultation and skin analysis
 - d. demonstrate proper procedures for draping the client for a facial treatment
 - e. disinfect and sanitize all esthetic equipment, supplies and work stations
 - f. show initiative when preparing work stations and end of the day clean-up routines
3. Perform a mini facial within a 30 minute timeframe.

Potential Elements of the Performance:

- a. knowledge of what a mini facial is and its procedures
- b. name the five categories of skin care products, their variations and benefits for each skin type.
The categories include:
 - cleansers
 - toners
 - exfoliants
 - masks
 - treatment creams/moisturizers
- c. knowledge of important elements when choosing a product line for an establishment
- d. demonstrate, with proficiency, the removal of facial make-up including lips and eyes
- e. demonstrate proficiency in facial cleansing including basic massage techniques
- f. demonstrate the proper use of toners
- g. demonstrate various exfoliating methods
- h. demonstrate the proper use of hot towels
- i. demonstrate the application and removal of facial masks
- j. demonstrate the proper application of treatment creams and moisturizers
- k. follow proper set-up procedures and maintain a tidy work station
- l. follow the aseptic procedure when using esthetic products during a treatment
- m. practice proper clean-up, disinfecting and sterilizing procedures following a treatment
- n. maintain proper and effective communication skills
- o. comply with the policies and procedures set by the Esthetician program regarding dress code, hygiene practices, attendance etc.

4. Perform basic massage techniques.

Potential Elements of the Performance:

- a. demonstrate various hand strengthening exercises
- b. demonstrate classic massage movements including effleurage, petrissage, friction, tapotement and vibrations
- c. perform massage effectively using even tempo, accurate pressure and rhythm and by keeping hands in contact with the skin
- d. demonstrate knowledge of various massage movements and their benefits to particular skin types
- e. perform a massage using Galvanic current

III. TOPICS:

1. Client Consultation
2. Skin Analysis
3. Skin Types
4. Skin Conditions
5. Preparing Treatment Rooms
6. Draping the Client
7. Clean-up and Sanitation of Treatment Room and Equipment
8. Removing Facial Make-up
9. The Mini Facial
10. Basic Massage Techniques
11. Professional Terminology
12. Specialized Mask Application
13. Machines

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Milady's Standard Fundamentals for Estheticians (9th ed.) by J. Gerson, J. D'Angelo, S. Lotz (2004) Milady (with Exam Review)

Milady's Standard Fundamentals for Estheticians Workbook (9th ed.) by J. Gerson, J. D'Angelo, S. Lotz (2004) Milady

Milady's Standard Cosmetology (1st ed.) (2004) Milady

V. EVALUATION PROCESS/GRADING SYSTEM:

Test #1 September 19	15%
Make-up Removal	
Cleansing Technique	
Test #2 September 26	10%
Eyebrow/Eyelash Tinting	
Test#3 October 14	20%
Mini Facial (30 minute time frame)	

V. EVALUATION PROCESS/GRADING SYSTEM:

Test #4 November 21 Massage Techniques 1-18	15%
Test #5 December 9 Practical Test – Full Facial Massage	15%
Lab Requirements	25%
• attendance/participation	
• professional image	
• sanitation, disinfection, sterilization procedures	
• end-of-day checklist	

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.